

Menopause *symptom* checker

Are you pre-menopausal? check
your symptoms today!

- | | |
|---|--|
| <input type="checkbox"/> Anxiety, OCD, panic attacks | <input type="checkbox"/> Exhaustion and fatigue |
| <input type="checkbox"/> Insomnia | <input type="checkbox"/> Itchy skin |
| <input type="checkbox"/> Low feelings or depression | <input type="checkbox"/> Acne |
| <input type="checkbox"/> Brain fog and memory issues | <input type="checkbox"/> Digestive issues & intolerances |
| <input type="checkbox"/> Heart palpitations | <input type="checkbox"/> Tinnitus and vertigo |
| <input type="checkbox"/> Headaches & migraines | <input type="checkbox"/> Joint and muscle pain or weakness |
| <input type="checkbox"/> Irregular, painful and heavy periods | <input type="checkbox"/> Tingling in hands or feet |
| <input type="checkbox"/> PMS & PMDD | <input type="checkbox"/> Tender breasts & cysts |
| <input type="checkbox"/> Hot flushes and body odour | <input type="checkbox"/> Increased need to urinate |
| <input type="checkbox"/> Cold extremities | <input type="checkbox"/> Vaginal dryness & thrush |
| <input type="checkbox"/> Thyroid issues | <input type="checkbox"/> Low libido |
| <input type="checkbox"/> Hair loss & brittle nails | <input type="checkbox"/> Weight gain |
| <input type="checkbox"/> Sugar cravings | Bleeding gums |